

Recommended Topics for Rider's Meetings

1. **Purpose:** to insure that all riders and their family members are fully informed about safety issues and other race-related matters that will lead to a safer, more organized and enjoyable race.
2. **Roll call:** will be taken at end of rider's meeting. Riders whose names are called and are not present will be penalized (penalty determined by promoter – see "Race Administration Guidelines" for Safety Council Recommendation).

3. **Important Safety Issues:**

Meaning and use of flags

Appropriate rider response to flags

Penalties for failure to comply with caution flags

Entering and exiting the track

Yellow Flag "Sight Lap" for all practice sessions

Purpose and role of the flagger (to protect downed riders from on-coming riders and warn of hazardous conditions – not to pick up your rider)

Holding lines while jumping

Not riding above your level of ability and experience

Bike maintenance – reminder to check axle nuts, throttles, wheels and spokes, brakes, controls (handle bars, clutch, throttle assembly, and brake levers)

Protecting other riders

Medical flag situations

Medical response (let medics handle situation – don't move riders if head or neck injury is suspected – leave helmet on)

Rider info stickers (under visor with name, blood type, allergies, medications, medical conditions, contact phone number)

Pit safety (cover pit riding, 4-wheelers, gold carts, Mules, age restrictions, off-limits areas, etc.)

Pit Bike tracks (who is authorized, who is not, penalty for failure to comply)

Any changes to the track

Track conditions (mud, dust, watering, etc.)

Need to adjust riding style to account for changes and track conditions

4. Introduction of key track officials

Track owner/promoter

Referee

Track Safety Officer

5. Procedures for:

Practice

Staging

Exiting after race

Getting to and from track (1st gear – idle speed only)

Checking Scores

Raising Safety Issues

Addressing Scoring Issues

Complaints/suggestions

Summary: The goal of the rider's meeting is to set everyone up for a good day of racing. A well structured riders meeting with everyone in attendance can help avoid confusion, confrontations, and injuries. For that reason, promoters are encouraged to set and enforce strict rules about rider's meeting attendance. If riders and their family members know what's expected and what to expect, most will attend and comply—making your job easier.

Optional Legal Notice:

Some track owners may choose to provide a verbal legal notice to riders/families at the rider's meeting (in addition to any waivers that have been signed and signage posted around the facility). The warning below is not intended to be legal advice. Track owners and promoters should have their attorney review any and such statements and guidance. However, the statement below, if read aloud at rider's meetings, does serve to reinforce the dangerous nature of the sport and the rider/parent's responsibility with regard to choosing to rider and compete.

Legal notice: “Motocross is an ultra-hazardous activity that can and does at times result in serious injuries, including total paralysis, and death. It is your responsibility to review the track and all associated obstacles and hazards and choose to assume the risks associated with competition or not. This track has jumps, loose soil, rocks and a variety of other obstacles and conditions that can cause you to lose control of your motorcycle. Other riders can also present a hazard. By choosing to compete you assume liability for any or all injuries to you or damage to your motorcycle on and off the track and agree to waive the right to sue the track owner, promoters, and track officials for the same. If you choose not to accept the risks associated with competing on this track, under the conditions present today, you will be provided a complete refund. See me after the rider's meeting if you chose not to fully assume all risks associated with competing today.”